The Oxford Handbook of Social Class in Counseling

Social class and classism have become central concerns for professionals involved in counseling across the lifespan. The Oxford Handbook of Social Class in Counseling offers an in-depth exploration of the complex and multifaceted nature of social class and classism. This handbook serves as a comprehensive guide to the field of counseling psychology, exploring a range of theories and philosophical orientations within the discipline.

Social class and social change are fundamental forces that shape the ways in which people experience and navigate their lives. This handbook delves into the intersection of social class and counseling psychology, highlighting the importance of understanding the experiences of clients from different social class backgrounds. It covers a wide range of topics, including the role of social class in shaping experiences of mental health, the impact of social class on help-seeking behaviors, and the need for culturally competent and social class-sensitive counseling practices.

The handbook is organized into several sections, each focusing on different aspects of social class in counseling psychology. The sections include:

1. Social Class and Counseling Psychology: An Introduction
2. Social Class and Health: Understanding the Connection
3. Social Class and Counseling: Theoretical Perspectives
4. Social Class and Counseling: Practice and Methods
5. Social Class and Counseling: Policy and Social Change

Each section is written by experts in the field, providing a diverse and comprehensive overview of the topic. The handbook is designed to be a valuable resource for students, practitioners, and researchers interested in the intersection of social class and counseling psychology.
through case studies that illustrate approaches to counseling and psychotherapy in their countries. Following an introductory section on the use of case studies, chapters focus on a cross section of countries in Africa, Australia and Asia; Central, North, and South America; Europe; and the Middle East. Each case describes the client and his or her presenting concerns and includes a culture-sensitive assessment and treatment plan, an analysis and critical reflection of the case, and questions for discussion. The final chapter of the text presents a comparative analysis of the cases. *Requests for digital versions from the ACA can be found on wiley.com. *To request print copies, please visit the ACA website here. *Reproduction requests for material from books published by ACA should be directed to permissions@counseling.org.